

DAILY FAMILY YMCA OF BIXBY INDOOR YOUTH SOCCER RULES

Playing Time

- A. All players must receive equal playing time, regardless of previous experience or skill level.
- B. Playing time **may not** be limited by a player's inability to attend practice.

Official Game Time/Scoring

- A. Game will consist of 5-minute quarters. Games are all scheduled in hour increments.
- B. Each team must provide a timekeeper. We do not keep score.
- C. League standings will not be kept.
- D. No overtime periods will be played.
- E. Shin guards and mouth guards are not required, but recommended.
- F. Cleats are not allowed.

Substitutions

- A. Teams may substitute; after a goal is scored, during timeouts, in between quarters, or "on the fly" if necessary.

Ball Size

- A. The official game ball is any size 3 soccer ball for the 3-4 Yr Olds, and any size 4 soccer ball for the 5-7 Yr Olds.

Miscellaneous

- A. Coaches will be allowed on the court to help the children.
- B. Games are played 4-on-4 without goalies for 3-4 year olds and 3-on-3 for 5-6 year olds.