

YBASKETBALL™

We build strong kids, strong families, strong communities.

DAILY YMCA OF BIXBY YOUTH BASKETBALL RULES 7 & 8 YEAR OLD

- I. **Playing Time**
 - A. All players must receive equal playing time, regardless of previous experience or skill level.
 - B. Playing time **may not** be limited by a player's inability to attend practice.

- II. **Official Game Time/Scoring**
 - A. A game will consist of four 6-minute quarters.
 - B. The clock will run continuously and will only stop for timeouts and injuries.
 - C. Each team must provide a scorekeeper and a timekeeper.
 - D. No more than a 10-point lead will be shown on the scoreboard. The actual score will be kept in the scorebook.
 - E. League standings will not be kept.
 - F. No overtime periods will be played.
 - G. Any team leading by 10 points must set up their defense inside the 3-point line, or behind the designated line on courts that do not have 3-point lines. Once the line has been penetrated it disappears, and the defensive team can then play half court defense.

- III. **Time Outs**
 - A. Each team will be allowed 2 timeouts per half.
 - B. Timeouts will not carry over from the first half to the second half.
 - C. Timeouts will last 30 seconds.
 - D. Timeouts may be called by the coach or the players on the court.
 - E. Timeouts can only be called by the team in possession of the ball.

- IV. **Press**
 - A. No press of any type is allowed.
 - B. Players must retreat across the mid-court line and allow the ball and player with the ball to cross mid-court unimpeded.

- V. **Defense**
 - A. Man-to-man or zone permitted in the 7 & 8 year old league.
 - B. Players will match up after time outs and beginning of every quarter.

- VI. **Substitutions**
 - A. Teams may only substitute players at any dead ball or timeouts.

- VII. **Basket Height**
 - A. Basket height will be 8 1/2 feet.
 - B. Free throws will be shot from the 10 feet line.

- VIII. **Ball Size**
 - A. The official game ball will be the 27.5

- IX. **Miscellaneous**
 - A. Games may not be protested due to any circumstances. The ruling of the officials is final.
 - B. Games will not be rescheduled due to a team conflict with the published schedule.
 - C. Team rosters will not consist of more than 10 players, unless prior permission is granted from the YMCA League Director.